

# ADULT CARE HOMES

Adult care homes, also known as “assisted living facilities” provide care for persons age 18 and older who do not need nursing home care but are no longer able to remain in their own homes because they need help in meeting daily needs such as meal preparation and housekeeping. Adult care homes are for people who only need occasional and incidental medical services. Room and board, personal assistance, supervision of medications, and social activities are provided. The private cost rates vary from facility to facility and supplemental assistance may be available to cover the cost for those with limited incomes. Information on assistance may be obtained through the local Department of Social Services.

Assisted living is a term used to refer to Adult Care Homes (7 or more residents) and Family Care Homes (2-6 residents). For more information regarding placement in any of these homes, contact your local Department of Social Services Adult Services section.

## DAVIDSON COUNTY

Name and Address	Additional Facility Information
<p><b>Brookstone Retirement Center, LLC</b>            2968 Old Salisbury Road            Lexington, NC 27295            Phone: (336) 243-2500            Fax: (336) 243-2910            Total number of beds: 115</p>	<p>42 Bed Alzheimer’s/Dementia Care Unit            Special Assistance accepted            Smoking permitted outside            Hospice Care            Respite Care            On site beauty/barber shop</p>
<p><b>Carolina House of Lexington</b>            161 Young Drive            Lexington, NC 27292            Phone: (336) 238-1700            Fax: (336) 224-1448            Total number of beds: 76  <a href="http://www.brookdaleliving.com">www.brookdaleliving.com</a></p>	<p>24 Bed Alzheimer’s/Dementia Care Unit            Special Assistance accepted            Smoking permitted outside            Hospice Care            Respite Care            On site beauty/barber shop            Personal pets allowed</p>
<p><b>Hilltop Living Center</b>            592 Hilltop Drive            Linwood, NC 27299            Phone: (336) 853-8113            Fax: (336) 853-8105            Total number of beds: 96</p>	<p>Special Assistance accepted            Smoking permitted outside            Hospice Care            Respite Care            Personal pets allowed</p>

<p><b>Landmark Estates</b>  225 Thomas School Road  Winston-Salem, NC 27107  Phone: (336) 764-1056  Fax: (336) 775-9992  Total number of beds: 29</p>	<p>Special Assistance accepted  Smoking permitted outside</p>
<p><b>Mallard Ridge</b>  9420 North NC Highway 150  Clemmons, NC 27012  Phone: (336) 775-2205  Fax: (336) 775-2207  Total number of beds: 100  <a href="http://www.ridgecare.com">www.ridgecare.com</a></p>	<p>32 Bed Alzheimer's/Dementia Care Unit  Special Assistance accepted  Smoking permitted outside  On site beauty/barber shop  Personal pets allowed</p>
<p><b>The Oaks of Thomasville</b>  915 Cooksey Drive  Thomasville, NC 27360  Phone: (336) 472-7171  Fax: (336) 472-8270  Total number of beds: 52  <a href="http://www.springarborliving.com">www.springarborliving.com</a></p>	<p>Special Assistance accepted  Smoking permitted outside  Respite Care  On site beauty/barber shop</p> <p style="text-align: right;">Updated 7/10</p>

**Information about Long Term Care Facilities in Region G  
is provided courtesy of  
Piedmont Triad Council of Governments  
Area Agency on Aging  
Regional Long Term Care Ombudsman Program**

Long Term Care Ombudsmen are advocates for residents of nursing homes, assisted living facilities, and family care homes. They work to resolve problems of individual residents and to bring about changes at the local, state, and national levels to improve care. Regional Ombudsmen with the assistance of trained volunteer ombudsmen regularly visit long term care facilities, monitor conditions and care, and provide a voice for those unable to speak for themselves.

**To Contact your local Ombudsman Call (336) 294-4950**

Piedmont Triad Council of Governments  
Area Agency on Aging  
Regional Long Term Care Ombudsman Program  
2216 W. Meadowview Road, Suite 201  
Greensboro, NC 27407  
(336) 294-4950  
<http://www.ptcog.org/aaa>